

Teaching Outline

Series: Famous Battlegrounds
The Battles Within Us

Internal Battle: _____ self-esteem

Self-esteem = is my assessment of my _____
or _____ as a human being.

Low self-esteem *affects every decision we make.*

Low self-esteem affects *how we take care of ourselves.*

1 Sam 15:17-19 (NLT) ¹⁷ And Samuel told him, “Although you may think little of yourself, are you not the leader of the tribes of Israel? The LORD has anointed you king of Israel.” ¹⁸ And the LORD sent you on a mission and told you, ‘Go and completely destroy the sinners, the Amalekites, until they are all dead.’ ¹⁹ Why haven’t you obeyed the LORD? Why did you rush for the plunder and do what was evil in the LORD’s sight?”

Internal Battle: the inability to receive
_____.

Psalms 106:24-25 (NLT) ²⁴ The people refused to enter the pleasant land, for they wouldn’t believe his promise

to care for them.²⁵ Instead, they grumbled in their tents and refused to obey the LORD.

That the Israelites were God’s special treasure *didn’t sink in.*

Internal Battle: struggling with feelings of
_____ or _____.

NLT Proverbs 27:4 Anger is cruel, and wrath is like a flood, but who can survive the destructiveness of jealousy?

NIV Proverbs 14:30 A heart at peace gives life to the body, but envy rots the bones.

NLT James 3:14-16 But if you are bitterly jealous and there is selfish ambition in your hearts, don’t brag about being wise. That is the worst kind of lie. 15 For jealousy and selfishness are not God’s kind of wisdom. Such things are earthly, unspiritual, and motivated by the Devil. 16 For wherever there is jealousy and selfish ambition, there you will find disorder and every kind of evil.

Making what I envy a part of my life, *may come with a high price.*

God is _____ / _____ to
calm our internal storms.